

Monthly Events

Cinema at the Commons

Sunday, March 25 @ 4pm



"Gregory's Girl"

Mondays and Wednesdays
6:30pm

DINNER

Students of the Culinary Arts Program at Washtenaw Community College prepare dinner for us as part of their class.

Sign up sheets are located just outside the Wellness Center



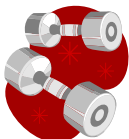
HEALTH AND FITNESS

Every Tues. & Thurs., 8:00 am:
NiaFit Exercise Class

Every Tues. & Thurs., 10:30 am:
TAI CHI For all fitness levels

Every Mon. & Wed., 9:00 am:
FUNctional Fitness

UC WALKING PROGRAM:
Every Wednesday at 3pm



International Neighbors Needlework

Every Thursday, 1:00 – 4:00 pm

This needlework group is a part of International Neighbors. All are welcome

Common Time

Fridays: 4:30–6:30 pm



A well attended gathering every Friday at 4:30pm in the Brass Rail Café.

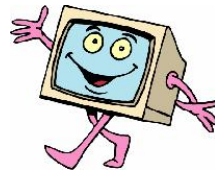
Residents bring a bottle of wine or an appetizer, or put

\$5 in the kitty towards supplies.

This weekly event is a nice way to catch up on events of the week and to meet new residents.

Computer Classes at the Commons

Windows class: March 13
MAC class: March 20
Computer Users class: March 27



LIR (Learning in Retirement)

Please refer to the LIR handbook for information on classes being held at University Commons



5 O'Clock Programs

Wednesday, March 7

"Piece of Mind"

Dr. Robert Bartlett

Wednesday, March 14

"Traveling New Zealand II"

Brad Bates

Wednesday, March 21

"Vietnam and Iran"

Tom Collier

Monday, March 26

West Lounge Jazz Fusion Band
featuring Klezmer music

TRIPS AND TOURS

To the Purple Rose Theatre in Chelsea—March 17th

"The Subject was Roses"

deadline for tickets was Feb 22nd, but if you are interested, please contact Jane Gelman at 761-5554 for more information

University Commons March 2007 Events Calendar

RECITALS AND CONCERTS

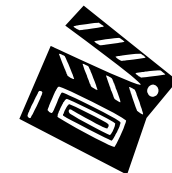
Saturday, March 24 @ 4:00pm
Voice Recital

w/ Piano accompaniment
Zerrin Agabigum
Reception to follow




Saturday, March 30 @ 4:00pm
Voice Recital

w/ Piano accompaniment
Tanya Komblevitz
Reception to follow



Also this month:
March 19
TAI CHI MOVIE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March 2007				1 8:00am: NiaFit Class 1:00pm: International Neighbors Needlework Group 2:00pm: Program Committee	2 Common Time 4:30-6:30	3
	4	5 9:00am: Functional Fitness Exercise Class 6:30pm: WCC DINNER 8:00pm: RESIDENTS MEETING	6 8:00am: NiaFit Class 10:30am: TAI CHI 8:00pm: Library Committee	7 9:00am: Functional Fitness Exercise Class 1:00—3:00: BRIDGE in the Cafe 3:00pm: UC Walking Program 5 O’Clock Talk: “Piece of Mind” Dr. Robert Bartlett 6:30pm: WCC DINNER	8 8:00am: NiaFit Class 1:00pm: Ikebana Flower Class 1:00pm: International Neighbors Needlework Group	9 10:00am: Thrift Shop Board Mtg 11:00am: Thrift Shop Luncheon Common Time 4:30-6:30
11	12 9:00am: Functional Fitness Exercise Class 1:00pm: Art Committee 6:30pm: WCC DINNER	13 8:00am: NiaFit Class 10:30am: TAI CHI 1:00pm: Windows Computer Class 8:00pm: Library Committee	14 9:00am: Functional Fitness Exercise Class 1:00—3:00: BRIDGE in the Cafe 3:00pm: UC Walking Program 5 O’Clock Talk: “Traveling New Zealand II” / Brad Bates 6:30pm: WCC DINNER	15 8:00am: NiaFit Class 1:00pm: International Neighbors Needlework Group 2:00pm: Dining Committee Mtg	16 Common Time 4:30-6:30	17 2:00pm: Trip to the Purple Rose Theatre 
18	19 9:00am: Functional Fitness Exercise Class 3:00pm: Health/Fitness Committee 4:30pm: Tai Chi Movie 6:30pm: WCC DINNER 8:00pm: Cinema Committee	20 8:00am: NiaFit Class 10:30am: TAI CHI 1:00pm: MAC Computer Class 8:00pm: Library Committee	21 9:00am: Functional Fitness Exercise Class 1:00—3:00: BRIDGE in the Cafe 3:00pm: UC Walking Program 5 O’Clock Talk: “ Vietnam and Iran” / Tom Collier 6:30pm: WCC DINNER 8:00pm: Baker’s Dozen Book Club	22 8:00am: NiaFit Class 1:00pm: International Neighbors Needlework Group 3:00pm: UC Board Meeting	23 Common Time 4:30-6:30	24 4:00pm RECITAL: Voice with Piano Zerrin Agabigum
25 MOVIE NIGHT “Gregory’s Girl” 4:00PM	26 9:00am: Functional Fitness Exercise Class 5 O’Clock: West Lounge Jazz Fusion Band (Klezmer Music) 6:30pm: WCC DINNER 8:00pm: Shakespeare Reading Grp	27 8:00am: NiaFit Class 10:30am: TAI CHI 1:00pm: User Group Computer Class 8:00pm: Library Committee	28 9:00am: Functional Fitness 1:00—3:00: BRIDGE in the Café 3:00pm: UC Walking Program 6:30pm: WCC DINNER	29 8:00am: NiaFit Class 1:00pm: International Neighbors Needlework Group	30 Common Time 4:30-6:30	31 4:00pm SENIOR RECITAL: Voice with Piano Tanya Komblevitz