

Monthly Events

Cinema at the Commons

Sunday, January 28, 4pm

“Best in Show”

Mondays and Wednesdays
6:30pm

DINNER

Students of the Culinary Arts Program at Washtenaw Community College prepare dinner for us as part of their class. Sign up sheets are located just outside the Wellness Center

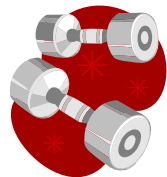


HEALTH AND FITNESS

Every Tues. & Thurs., 8:00 am:
NiaFit Exercise Class

Every Tues. & Thurs., 10:30 am:
TAI CHI For all fitness levels

Every Mon. & Wed., 9:00 am:
FUNctional Fitness



International Neighbors Needlework

Every Thursday, 1:00 – 4:00 pm

This needlework group is a part of International Neighbors. All are welcome

Common Time

Every Friday

4:30 – 6:30 pm

This is a well-attended, informal gathering in the Brass Rail Café. Residents bring a bottle of wine or an appetizer, or put \$5 per person in the kitty toward supplies. It's a nice way to get to know your neighbors. Bring a friend!



LIR Learning in Retirement Classes

*Please refer to the LIR handbook
for information on classes being
held at University Commons*



University Commons January 2007 Events Calendar

5 O'Clock Programs

Wednesday, January 10

**“Dan Brown’s Da Vinci Code and
Leonardo da Vinci’s Women”**

Shelley Perlove,
Professor of Art History

Wednesday, January 17

“Magnetic North: A Poetry Reading”

Linda Gregerson,
Frederick GL Huetwell Professor

Wednesday, January 24

**“Food, Wine, Hills, Crashes—
Surviving Italy on a Bicycle”**

University Commons’ very own,
Karen Gotting

Wednesday, January 31

5 O’Clock Concert

Louis Nagel
Professor, School of Music





Sunday, January 7

A full Concert of Sonatas
by

Three UM graduate students

3:00pm

*UofM Music School
Piano Department*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1  HAPPY NEW YEAR!!!	2	3 1:00—3:00: BRIDGE in the Cafe 6:30pm: CATERED DINNER Chef Zhang	4 1:00pm: International Neighbors Needlework Group 2:00pm: Program Committee	5 Common Time 4:30-6:30	6
7 3:00pm 3 UM graduate students—a full concert of sonatas	8 9:00am: Functional Fitness Exercise Class 1:00pm: Stock Club 6:30pm: CATERED DINNER Knights	9 8:00am: NiaFit Class 10:30am: TAI CHI 1:00pm: Windows Computer Class 8:00pm: Library Committee	10 9:00am: Functional Fitness Exercise Class 1:00—3:00: BRIDGE in the Cafe 5 O’Clock Talk: “Dan Brown’s Da Vinci Code and Leonardo da Vinci’s Women” 6:30pm: CATERED DINNER Chef Zhang	11 8:00am: NiaFit Class 1:00pm: Ikebana Flower Class 1:00pm: International Neighbors Needlework Group	12 10:00am: Thrift Shop Board Meeting 11:00am: Thrift Shop Luncheon Common Time 4:30-6:30	13
14	15 9:00am: Functional Fitness Exercise Class 6:30pm: CATERED DINNER Knights 8:00pm: Cinema Committee	16 8:00am: NiaFit Class 10:30am: TAI CHI 1:00pm: MAC Computer Class 8:00pm: Library Committee	17 9:00am: Functional Fitness Exercise Class 1:00—3:00: BRIDGE in the Cafe 5 O’Clock Talk: “Magnetic North: A Poetry Reading” 6:30pm: DINNER 8:00pm: Book Club	18 8:00am: NiaFit Class 1:00pm: International Neighbors Needlework Group 2:00pm: Dining Committee Mtg.	19 Common Time 4:30-6:30 Robert Burns’ Birthday 	20
21	22 9:00am: Functional Fitness Exercise Class 6:30pm: WCC DINNER	23 8:00am: NiaFit Class 10:30am: TAI CHI 1:00pm: Basics of Powerpoint Computer Class 8:00pm: Library Committee	24 9:00am: Functional Fitness Exercise Class 1:00—3:00: BRIDGE in the Cafe 5 O’Clock Talk: “Food! Wine! Hills! Crashes! Surviving Italy on a Bicycle” 6:30pm: WCC DINNER	25 8:00am: NiaFit Class 1:00pm: International Neighbors Needlework Group 3:00pm: UC Board Meeting	26 Common Time 4:30-6:30	27
28 MOVIE NIGHT 4:00PM “BEST IN SHOW”	29 9:00am: Functional Fitness Exercise Class 6:30pm: WCC DINNER 8:00pm: Shakespeare Reading Grp	30 10:30am: TAI CHI 1:00pm: User Group Computer Class 8:00pm: Library Committee	31 9:00am: Functional Fitness 1:00—3:00: BRIDGE in the Cafe 5 O’Clock Talk: “A Winter Concert” 6:30pm: WCC DINNER			

January 2007