

University Commons, an active senior community

Wellness and Health Programs



The Board of Directors recently approved an agreement with The **University of Michigan Turner Geriatric Center** to provide primary on-site care in the University Commons Wellness Center. Care will be provided by an experienced geriatric nurse practitioner. This relationship will also provide residents a gateway to the extensive services and programs provided by Turner. Turner was recently recognized as one of the country's "ten best" Geriatric Programs by *U.S. News and World Report*.

Additionally, as part of our overall Wellness and Health Programs, **Home Care and Hospice of Michigan** has been designated a "preferred provider" of in-home assisted living and skilled nursing services. **Dr. Jeffrey Stross**, UM Physician and UC Health Committee Chairperson notes, "The University Commons Wellness and Health Programs have been carefully designed to meet the diverse health needs of our community. The programs greatest advantage is its ability to provide services to our residents within the comfort of their home."

This fall our Wellness and Health Programs also sponsored flu shots for our residents. A nurse with **M-Fit** inoculated over 50 residents in the University Commons **Wellness Center**. The Wellness Center is located on the first floor of Houghton Hall and includes an exam room and lab for visiting doctors and nurses.

Fitness Center

University Commons features a fully equipped **Fitness Center** that is available to residents 24 hours per day. The Center is outfitted with health club quality equipment that includes two treadmills, an elliptical cross trainer, recumbent cycle, rowing machine and five-station weight machine. Additional features include a full wall mirror, assortment of free weights and Cable TV.

NiaFit Cardio Tone classes are offered to residents three days per week. The classes include a complete workout for the heart, bones and muscles. The programs goal is to help residents gain strength, balance, flexibility and cardiovascular endurance using the strength and cardio equipment in the Fitness Center. A **NiaFit Personal Trainer** is also available for a one-on-one program to meet your specific needs or to develop a routine utilizing equipment in the Fitness Center.



Hobbs + Black, Architects



Steve Dykstra and Richard Black.

Hobbs + Black, located in Ann Arbor, are the architects for University Commons. **William S. Hobbs, AIA** and **Richard V. Black, AIA** founded this nationally recognized firm in 1965 shortly after their graduation from **The University of Michigan School of Architecture**. They have a staff of over 100 and have designed over 10,000 housing units.

Richard Black designed University Commons as a **Planned Unit Development**, which allowed him the flexibility to cluster the homes and preserve over 9 acres of woodlands, and wetlands that completely surround the community. He also minimized the impact to this beautiful hillside, that was formerly part of the UM North Campus, by working with its topography. This clustering of homes that step up the hill gives the appearance and feel of a quaint village. Richard's architectural language uses the same **collegiate style** found in the **UM Residence Halls, Michigan League** and **Student Union** built in the early 1900's. He utilized architectural elements such as arched windows, limestone accents, full brick exteriors; chimneys and peaked roofs to reinforce his design tie to The University of Michigan.

Steven Dykstra, Vice President of **Hobbs + Black Senior Housing Studio** has been with the firm for over fourteen years. Steve supervised the drafting of the construction documents and was on site several times per week to

monitor construction. Steve said, "I am very pleased with the high level of construction quality and the selection of finish materials. It is rare when the developer follows through with all details of the design concept." He cites the extensive use of brick, slate flooring, oak paneling, skylights and vaulted ceilings in much of the common area. Richard Black noted, "The interiors of University Commons are as **finely detailed** as any residential project in Michigan and it rivals some of the top housing projects built on a national basis."

Featured Home

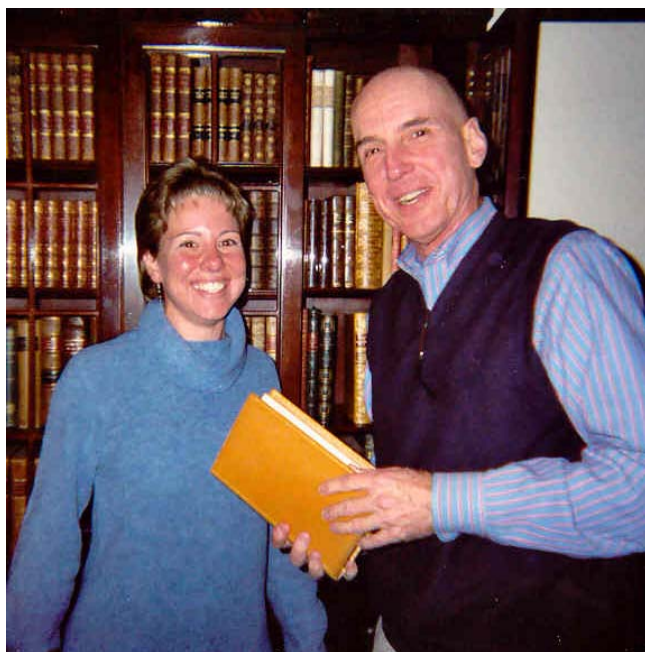
This winter University Commons is featuring the **Woodbridge B Model** priced at \$275,000. This one level home, furnished by **Bay Design** of Ann Arbor, features nine feet ceilings and large living room with fireplace.

The Woodbridge B home also features an open kitchen with cherry cabinets and stainless steel appliances. The home has a large master suite that includes a fireplace, private bathroom and two closets. Additional features include a second bedroom/study and a full second bathroom with shower.

For a tour of this beautiful model home, please stop by our sales office or call **734.663.2500** for an appointment.



Meet UC Resident Chuck Kelly



Chuck and his daughter, Kim.

Publisher, past President of the Scarab Club of Detroit, racing sailor, antique car collector and father all describe Woodbridge resident Chuck Kelly. A Detroit area native, Chuck studied **Mechanical Engineering** in the early 1960's and was awarded a scholarship and T.A. contract to pursue a **Master of Business Administration** at Michigan State University. Many years later his employer, Ford Motor Company, sponsored Chuck at Harvard in a Strategic Management Program. Since retirement from his "first career" with Ford, Chuck remains in the arena of business analysis under his Howland Research banner. He has a multi-year relationship with BASF Corporation, and under another contract, is working at the leading edge of web-based analysis involving multiple currencies and languages. He is also involved in several business process patents.

Throughout his professional career, Chuck pursued his passion of book collecting focusing on **18th Century English Literature**. His collection includes the works of Samuel Johnson, James Boswell as well as Oliver Goldsmith, Edmund Burke, Robert

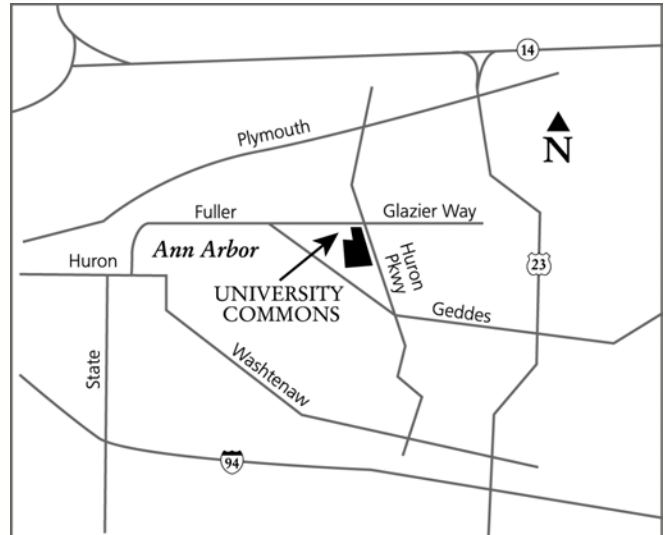
Burns, Shakespeare and Chaucer. Equally unique to his collection are dictionaries, illustrated books and the history of the America's Cup. As a true bibliophile and book arts enthusiast, Chuck belongs to three elite book societies including Grolier Club of New York City, the Caxton Club of Chicago and the Rowfant Club of Cleveland. In addition to his book collecting, Chuck is the publisher of *Recollections of John F. Kennedy* by Donald Thurber and will soon publish *The 'Invention' of email* by John F. McCann, III. Chuck's love of books and his dedication to the production, preservation and promotion of book arts led to his recent appointment to the **Board of the Friends of the University Library at The University of Michigan**. He also founded a small private charitable trust that supports university projects at the University of Chicago, Yale, Michigan State University and The University of Michigan, in which the Ford Fund matches a generous portion of donations. He continues to serve on the Steering Committee of the University of Chicago Library Society and the Kelly Foundation Scholarship at MSU.

Chuck's path from Grosse Pointe to University Commons was inevitable. He was drawn to this **lifelong learning** community that provides intellectual, cultural and social opportunities along with the freedom of condominium living. He attends many UC scholarly presentations and recitals and is a regular at the Friday afternoon "**Common Time**". Chuck enjoys the hors d'oeuvres, a drink and an exchange of ideas on a variety of subjects with his neighbors in this informal gathering. An accomplished shop hobbyist, Chuck found the UC Woodshop a pleasant surprise.

Of all the accomplishments in Chuck's fulfilling life, he takes great pride in his daughter Kim who resides in Newport News, Virginia. Pictured with Chuck, she is the **sixth generation** of his family to attend **The University of Michigan** where she earned a Master Degree in Marine Engineering and an MBA.

In Brief

- ◆ University Commons has **ONE** available **Williams Town-home** priced at \$334,000. This one-level, 1,805 square foot home features 9 ft. ceilings, a large master suite with walk-in closet, study, large living/dining room, attached garage, and kitchen with breakfast room. Visit our website at www.bluehilldevelopment.com and click “Home Plans” to view floor plans and pictures of available homes.
- ◆ Please join us on November 19th at 8:00 p.m. for a Student Piano Accompanist Recital in the University Commons Recital Hall. For a complete monthly calendar of events please visit us online at www.bluehilldevelopment.com or call us at **734-663-2500**.
- ◆ Join us on Fridays from 4:30-6:30 p.m. for “**Common Time**” in the University Commons Café. Common Time is an informal wine and appetizer gathering and is a great way to learn more about the community from our residents.
- ◆ The University of Michigan Health System was ranked ninth in the *U.S. News and World Report* annual survey of hospitals.
- ◆ *Money Magazine* ranked Ann Arbor among the top eight cities for retirement. The magazine cited The University of Michigan, cultural amenities, parks and relative affordability.



SALES OFFICE IS OPEN FROM NOON TO 5:00 PM DAILY OR BY APPOINTMENT.

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